Live Teaching Schedule 2020

Note: 10 new courses will be offered in 2020. All ten classes will be taught live via teleconference, and recorded; recordings will be made available for 4 weeks after each class is held. Students enrolled at the time the live class is offered will have the opportunity to participate in the class, and/or listen to the recording. After the live course, the lectures will be filmed and posted on our online platform, which will be made available to all students.

Additions will be made to the schedule regularly; check our online schedule at www.wellnessforum.com or call our office at 614 841 7700 for updates

A Science-Based Approach to Vaccines  $695.00
The vaccination issue is now one of the most contentious, and the most important topics in healthcare today. Politicians, in partnership with Big Pharma, seem intent on taking away the right of parents concerning their children, and soon will begin demanding that adults adhere to a vaccine schedule too. This extensive course will feature only the best and most irrefutable science concerning vaccines, researched, prepared, and taught by Wellness Forum Founder and researcher extraordinaire Pam Popper. Topics will include:

- immunology basics
- the history of vaccines
- detailed information about each vaccine
- information about diseases for which vaccines are given
- adjuvants in vaccines
- side effects of vaccines and who is at risk
- vaccines and pregnancy
- understanding herd immunity
- National Vaccine Injury Compensation Program
- How to constructively oppose vaccine mandates and work on legislative change

Religious exemptions are being taken away and citizens will need to be armed with factual information about vaccines in order to be effective with elected officials and other politicians. In addition to the valuable information provided in this course, prepared materials will be provided for distribution to family members, school officials, elected officials and others. Students in this class who want to network with others will be introduced to one another.

**Tuesday Feb 11, 18, 25, March 3  12:00PM eastern time**

Cardiovascular Disease  $395.00
A thorough review of topics such as structure and function of the cardiovascular system, circulatory system, and heart; atherosclerosis, heart attack, stroke, heart failure, hypertension, arrhythmias, modifiable risk factors for cardiovascular disease such as diet, exercise, smoking, and stress.

**Wednesday March 18, 25, April 1, 8  12:00PM eastern time**

Cancer 201 (evaluating alternative treatments)  $595.00
In-depth exploration of alternative treatments and treatment centers for cancer including IV vitamin C therapy, dietary supplements, Rife Machines, Hoxey, green tea, medicinal mushrooms, hyperthermia, immunotherapy, energy healing

**Tuesday May 5, 12, 19, 26  12:00PM eastern time**
**Parkinson’s Disease**  $299.00
Includes risk factors, definitions, diagnosis, strategies for prevention, co-morbidities, challenges in daily living, treatment options, and the role of diet and lifestyle change in slowing the progression of the disease.

**Tues Jun 9 and Tues Jun 16  12:00PM Eastern time**

**ALS**  $299.00
Over 6000 new cases are diagnosed each year in the U.S., and at this time there is no cure. The course will examine potential causes, symptoms diagnostic criteria, progression of the disease, and strategies that are currently being explored that may make it possible for patients to live longer.

**Tues Jul 14, Tues Jul 21  12:00PM Eastern time**

**Fibromyalgia**  $495.00
A disorder characterized by musculoskeletal pain, fatigue, disrupted sleep, impaired memory and many other symptoms. Women are more likely to develop it than men, and the medical profession claims that the causes are unknown and that there is little hope for recovery. This course will review risk factors, theories about cause, and treatments that have been shown to help patients to get better.

**Tues Aug 4, 11, 18, 25  12:00PM Eastern time**