



Wellness Forum Health

# Wellness Forum Health

**Annual Symposium on InforMED™ Medical Decision-Making**  
**November 12-14 Columbus, Ohio**

## Featuring Special Guest Dr. Scott Atlas



Scott W. Atlas, M.D. is the Robert Wesson Senior Fellow in health care policy at the Hoover Institution. He is a frequent policy advisor to policymakers and government officials in the United States and in other countries. He has served as Senior Advisor for Health Care to several numerous candidates for President, as well as having counselled members of the US Congress on health care, testified before Congress, and briefed directors of key federal agencies. From July to December 2020, he served as a Special Advisor to the President and a member of the White House Coronavirus Task Force.

### Also featuring:

**Peter Breggin, MD**

**Eileen Kopsaftis PT**

**Mary Marshall, BSN, RN**

**Pam Popper**

**Beth Prier, PharmD, MS**

**Kylea Rorabaugh, MA, LPC**

**More speakers will be added soon!**

**April 1-June 30**

**Member \$359**

**Non-Member \$399**

**July 1-August 31**

**Member \$379**

**Non-Member \$410**

**Sept 1-October 31**

**Member \$399**

**Non-Member \$449**

**November 1-10**

**Member \$449**

**Non-Member \$499 (subject to availability)**

**No partial tickets, non-transferrable and non-refundable. No registrations at the door.**

### Ticket price includes:

- Main session lectures and interactive panel discussions
- Three meals: dinner on Friday, lunch on Saturday, multi-course dinner on Saturday (all meals are vegan, low-fat, & gluten free)

### Conference Hours:

Fri 2:00-4:00PM & 5:30-9:00PM Sat 9:00AM-9:00PM Sun 9:00AM-12PM & 1:30-3:30PM

**Conference Location:** To be announced

**A signed registration form is required to reserve your spot for this conference!**

## Speaker Bios

**Peter Breggin, M.D.** is a Harvard-trained psychiatrist and former Consultant at the NIMH who has been called “The Conscience of Psychiatry” for his many decades of successful efforts to reform the mental health field. His work provides the foundation for modern criticism of psychiatric diagnoses and drugs, and leads the way in promoting more caring and effective therapies. His research and educational projects have brought about major changes in the FDA-approved Full Prescribing information on labels for dozens of antipsychotic and anti-depressant drugs. He continues to educate the public and professional about the tragic psychiatric drugging of America’s children. He currently has a private psychiatry practice in Ithaca, New York.

Dr. Breggin has authored dozens of scientific articles and more than twenty books, including medical textbooks and several bestsellers. He is the co-creator of the course *Why and How to Withdraw from Psychiatric Drugs*, which is offered through The Wellness Forum Institute.

**Eileen Kopsaftis, P.T.** has been in physical therapy private practice since 1994 and specializes in manual techniques for restoring pain-free movement and postural symmetry. After observing that while traditional physical therapy offers some relief for patients, it often does not restore patients to full function, she sought training from several dozen institutions and individuals and eventually developed her own “brand” of physical therapy. She has designed a comprehensive training program for physical therapists that teaches others to offer outcomes-based therapy to patients.

**Mary Marshall, BSN, RN** works in the workplace wellness department at Union Hospital and is also President of Eat, Learn Live Ltd. Mary facilitates the Permanent Weight Loss Program for Wellness Forum Health. She also makes delivers presentations and offers WFH programming to clients in northeastern Ohio. She is certified as a WellCoach, and has extensive experience working with people on behavioral change.

**Pam Popper** is the founder and President of Wellness Forum Health. The company offers educational programs to both consumers and providers that facilitate informed medical decision-making, diet and lifestyle intervention, and improved long-term health outcomes. Through its own network of providers, Wellness Forum Health offers direct-to-consumer healthcare services.

Pam has been featured in many widely distributed documentaries, including *Processed People* and *Making a Killing* and appeared in the acclaimed documentary *Forks Over Knives*, which played in major theaters throughout North America in 2011. She is one of the co-authors of the companion book which was on the *New York Times* bestseller list for 66 weeks. She is the author of *Food Over Medicine: The Conversation That Can Save Your Life*.

Pam is featured as the lead expert in *Food Choices*, appears in *Diet Fiction*, and also in *Code Blue*, which was released in early 2020. She is the author of the companion books for *Food Choices* and *Diet Fiction*.

Her newest book is *COVID Operation: What Happened, Why It Happened and What’s Next*, which she co-authored with Shane Prier.

**Beth Prier, PharmD, MS** is a pharmacist, Certified Health Educator, and the director of Make Americans Free Again. Beth has five children of her own, and has a passion for teaching children how to enjoy and adopt healthy eating habits. She has created gardening programs for young children and a health curriculum for home-schooled high school students. Beth is a “foodie” and her cooking classes are always a conference favorite!

### **Kylea Rorabaugh**

Kylea is the owner of Healthy on Purpose in Kansas City, Missouri. She is a Licensed Professional Counselor in private practice, and also a Certified Health Educator. She earned her BA in psychology from Point Loma Nazarene University in 2001 and a MA in counseling from the University of Missouri in 2005. Kylea specializes in a whole-person approach to health, addressing both psychological and physical health. She has taken courses through the Wellness Forum Institute and Wellness Forum Health for many years, and was appointed as a faculty member of the Institute and a Provider Affiliate of Wellness Forum Health in 2018.

**Tom Renz** is the lead attorney who represents millions of Americans in lawsuits filed against state governments, governors, health officials, federal agencies and federal officials concerning the COVID-19 government response. Tom’s legal experience began with his mentor, Nuremburg Prosecutor and international lawyer and scholar Henry T. King, Jr. Tom is the only American to serve as a clerk to the Honorable Tarun Chatterjee of the Supreme Court of India. He is an award-winning political activist, and has participated in and led many state and national campaigns that led to regulatory reforms.