

We Must Start Protecting Children

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According to child psychiatrist Dr. Mark McDonald, COVID-related policies have caused significant damage to children. The current generation of children has lower IQs, and signs of social brain damage, he says. Dr. McDonald cites masks, “zoom schools,” lockdown mandates, lack of social contact, not being able to see faces, and being stuck at home as causes of degeneration in kids.

Dr. McDonald reports that he has seen children who “refuse to make eye contact, who are wetting their pants or wetting the bed at night, cannot go to sleepovers—being away from their mother for extended periods of time.” He adds that during the lockdown, teenagers became even more immersed in social media and spent even more time on screens. Some adolescents do not even want to leave home anymore.

Additionally, McDonald says, kids have been subjected to irrational and nonsensical scenarios such as eating outside in the cold and playing sports while wearing masks.¹

There is considerable research to support Dr. McDonald’s assertions. According to a study funded by the National Institutes of Health:

“...children born during the pandemic have significantly reduced verbal, motor, and overall cognitive performance compared to children born pre-pandemic. Moreover, we find that males and children in lower socioeconomic families have been most affected. Results highlight that even in the absence of direct SARS-CoV-2 infection and COVID-19 illness, the environmental changes associated COVID-19 pandemic is significantly and negatively affecting infant and child development.”

“...economic shut-down, school disruptions, and social distancing, stay-at-home, and mask policies have fundamentally altered the environment in which children and pregnant individuals have lived, over the past 18 months.”

“...measured verbal, non-verbal, and overall cognitive scores are significantly lower since the beginning of the pandemic.”

“The first 1,000 days of a child’s life are commonly cited as an important and sensitive period of child development. Environmental factors, including maternal mental and physical health, nutrition, stimulation, and supportive caregiving can individually and in combination affect the developing fetal and infant brain throughout this early life period. Many of these factors have been substantively impacted by public health policies enacted in response to the SARS-CoV-2 outbreak. Work-from-home and shelter-in-place orders, for example, along with closed daycares, nurseries, and preschools may have dramatically changed the

quantity and quality of parent, caregiver, and teacher-child interaction and stimulation.”

“The COVID-19 pandemic has fundamentally altered the child health landscape, with pregnant mothers and individuals, and children living in a strikingly different economic, psychosocial, and educational environment than what was present just 18 months ago.”²

It is important to note that this study was funded by the NIH. The head of one of its institutes, Anthony Fauci (head of The National Institute of Allergy and Infectious Disease, or NIAID), was one of the chief architects of the policies that have led to the worsening mental health of children and adolescents reported in this study.

Another study found that “eight out of ten children and adolescents report worsening of behavior or any psychological symptoms or an increase in negative feelings due to the COVID-19 pandemic.”

“School closures contributed to increased anxiety, loneliness and stress; negative feelings due to COVID-19 increased with the duration of school closures. Deteriorating mental health was found to be worse in females and older adolescents.”³

Oxford University Professor Carl Heneghan cites fear-mongering as a major contributor to psychological problems in children and adolescents. He says that health officials should have deescalated fear and anxiety concerning COVID-19 and kids. Their risk of serious illness is low, and they should not be worried about it, he says.⁴

Data from the Centers for Disease Control (CDC) confirms that the mental and emotional health of children has been deteriorating for a long time. After COVID restrictions were instituted, visits to mental health professionals increased by 24% in 5-11-year-olds and 31% in 12-17-year-olds.⁵ What did the CDC do in response? Just like Anthony Fauci and the NIAID, leadership at the CDC continued to insist on the same policies that clearly showed that kids were being adversely affected.

Millions of children have parents who have been severely damaged by the same individuals and agencies that have injured their kids. These “COVIDIOTS” are happy to stay home while both their children and our society continue to deteriorate.

An immediate return to normalcy would go a long way in mitigating the damage for those children who have parents who can still think. This is not likely to occur, which means that it is up to us – Americans who are intent on saving our children, our communities, and our country – to make good decisions. If your community and your local school are intent on continuing to injure your children, you may want to consider home schooling. You will gain control your child’s environment, and also what your child

learns. Socialization with other children from sane families through co-ops and Thursday groups will ensure that your child will have a future to look forward to, completely unlike the one that the government has seemingly planned.

For more information and resources for home schooling, visit www.makeamericansfreeagain.com and click on "Protecting Our Children" on the menu bar.

¹ Tammy Hung. Lockdown Policies and Mask Mandates Linked With Lower IQ in Children: Psychiatrist. *Epoch Times* December 26 2021

² Deoni SCL, Beauchemin J, Volpe A, Sa VD and the RESONANCE Consortium. "Impact of the COVID-19 Pandemic on Early Child Cognitive Development: Initial Findings in a Longitudinal Observational Study of Child Health." *medRxiv* August 11 2021

³ Heneghan C, Brassey J, Jefferson T. "CG Report 3: The Impact of Pandemic Restrictions on Childhood Mental Health."

⁴ Tammy Hung. Lockdown Policies and Mask Mandates Linked With Lower IQ in Children: Psychiatrist. *Epoch Times* December 26 2021

⁵ Listernick ZI, Badawy SM. "Mental Health Implications of the COVID-19 Pandemic Among Children and Adolescents: What Do We Know So Far?" *Ped Health, Med, Therap* 2021 Dec;12:543-549