

A Review of the New CDC Guidance Re COVID-19

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The Centers for Disease Control (CDC) has provided the public with a considerable amount of false information during its entire existence. For example, COVID-19 is not the first fake pandemic the agency has promoted. In 1976, after five soldiers at Ft. Dix contracted the flu and one died after not following his doctor's orders to rest, CDC head David Sencer predicted that a flu epidemic worse than the Spanish flu was imminent and could only be stopped with vaccines.¹ Panic ensued, and hundreds of millions of dollars were invested in phone banks and surveillance and vaccines.^{2 3} An epidemic never took place, but the quickly-developed vaccine caused serious side effects in at least 20% of those who received it. There were hundreds of cases of paralysis and 674 deaths.⁴

This was not an isolated incident. When only five cases of what would become known as AIDS had been reported, CDC internal memos showed that the agency was already planning and gearing up for an "epidemic of AIDS."⁵

In 2009, a worldwide fake flu epidemic was declared. The CDC jumped right on board and lied to the American people in order to perpetuate the myth that a dangerous flu was spreading and to scare people into getting a vaccine. During the aftermath of this debacle, the then-honest press investigated and reported what had really happened. The public was lied to – again.^{6 7}

When the COVID-19 debacle started in March 2020, I reported that the CDC and other government agencies had declared a fake pandemic and that I was not surprised since government bureaucrats and health officials had been practicing with fake pandemic declarations for a very long time. I was only surprised that it had not happened sooner.

What was rather shocking, however, is how the CDC claimed powers never granted by Congress to micromanage the lives of hundreds of millions of people with "guidance" which was updated and strengthened regularly.

CDC's "Guidance" Re COVID-19

CDC "guidance" included instructions to use a fake test to inflate "cases." This resulted in the labeling of healthy people as sick patients who needed to self-quarantine or even be force-quarantined if necessary. The agency and its directors promoted ridiculous strategies like social distancing and wearing masks – none of which were scientifically shown to work - to contain the fake pandemic. Then CDC and its director aggressively promoted dangerous and ineffective vaccines that caused horrific side effects and death – and even went so far as to recommend these harmful shots for babies and toddlers. This represents either a special kind of evil, a remarkable degree of stupidity, or both.

The "Pivot"

The criminals in charge of our government and health agencies are certainly resourceful. In an attempt to deflect attention from the misinformation they have peddled and the irreparable harm they've done to millions of people, the CDC has issued new "guidance" that basically instructs people to return – somewhat - to normal. The language in the document – titled "Summary of Guidance for Minimizing the Impact of COVID-19 on Individual Persons, Communities and Healthcare Systems – United States August 2022"⁸ is carefully selected and designed, in my opinion, to save face and perhaps to reduce liability. Officials may be hoping that people will be so excited about a bit of normalcy that they will forget what has happened to them and who was responsible.

So, with this in mind, here is my analysis:

CDC writes: "As SARS-CoV-2, the virus that causes COVID-19, continues to circulate globally, high levels of vaccine- and infection-induced immunity and the availability of effective treatments and prevention tools have substantially reduced the risk for medically significant COVID-19 illness (severe acute illness and post-COVID-19 conditions) and associated hospitalization and death. These circumstances now allow public health efforts to minimize the individual and societal health impacts of COVID-19 by focusing on sustainable measures to further reduce medically significant illness as well as to minimize strain on the health care system, while reducing barriers to social, educational, and economic activity."

My comment: Americans have permission to return to normal (aren't our self-appointed rulers benevolent??). We are told that we should focus on the people who are at high risk or who are actually sick. We should stop harming people by bankrupting their businesses; placing restrictions on and interfering with their lives; and psychologically damaging their children with school closings and a constant barrage of fear porn when they do attend school. No more mandates. At least for now.

CDC writes: "All persons should seek testing for active infection when they are symptomatic or if they have a known or suspected exposure to someone with COVID-19."

My comment: Massive population testing is no longer needed. Perhaps we will won't have to endure the daily reports from politicians who claim to be "positive" but are "grateful that they are vaccinated and fully boosted." Let's hope so. CDC still recommends that sick be people be tested – ridiculous, because for most people symptoms are mild and they recover quickly. But at least some of the insanity is dialed back.

CDC writes: "CDC now recommends case investigation and contact tracing only in health care settings and certain high-risk congregate settings."

My comments: Apparently tracking and tracing are no longer important either. It sounds like the hunt for more fake cases is subsiding.

What about vaccinations?

CDC writes: "Receipt of a primary series alone, in the absence of being up to date with vaccination* through receipt of all recommended booster doses, provides minimal protection against infection and transmission (3,6). Being up to date with vaccination provides a transient period of increased protection against infection and transmission after the most recent dose, although protection can wane over time."

My comments: CDC is admitting that the vaccines are useless and that the effect of boosters quickly wears off. In other words, any benefit is transient and does not reduce transmission over time. It then follows that vaccine mandates are and have been unwarranted.

There's more regarding vaccines: "CDC's COVID-19 prevention recommendations no longer differentiate based on a person's vaccination status because breakthrough infections occur, though they are generally mild, and persons who have had COVID-19 but are not vaccinated have some degree of protection against severe illness from their previous infection."

My comments: After causing wars between family members (remember when people were uninvited to weddings, baptisms, and Thanksgiving dinners because they refused to get the experimental shots??), barring people from concerts and restaurants and museums, expelling vaccine-injured pre-med students from college for refusing boosters, and losing significant numbers of National Guard and military members...the CDC now says NEVER MIND. The unvaccinated should not be treated differently than the vaccinated. Expect thousands of lawsuits in response to this.

But CDC is not quite ready to give up all of its power! CDC states regarding masks: "At the high COVID-19 Community Level additional recommendations focus on all persons wearing masks indoors in public and further increasing protection to populations at high risk."

My comment: When power hungry, but stupid and unethical people gain power, they are a little reluctant to give it up all at once.

Conclusions

Much of the new "guidance" sounds a lot like the Great Barrington Declaration, the document issued in the fall of 2020. The declaration posited that since a virus cannot be stopped from spreading, the vulnerable should be protected and the rest of society

should return to normal because there would be untold harm if lockdowns continued. After vilifying the primary authors and investing an enormous amount of energy helping to discredit the declaration as "misinformation," the CDC seems to now agree with the strategy, but only AFTER inflicting death and destruction on a few hundred million people.

I think the CDC and its criminal/incompetent leaders are trying to get ahead of the coming storm. More and more people are waking up. Even many sheep are no longer following directions – the vaccination rate for babies and toddlers remains under 5%. CDC leaders may think that perhaps a little freedom might make the people a little less angry.

I believe that this is a miscalculation. Some of us have been angry for a very long time and are not about to let these people off the hook.

Freedom was the rallying cry two years ago. Now it is justice. These people must and will pay for what they have done.

¹ Thomas G, Morgan-Witts M. *Anatomy of an Epidemic* Doubleday and Company Garden City New York 1982 p 105

² Wecht CH. "The Swine Flu Immunization Program: Scientific Venture or Political Folly?" *Legal Medicine Annual* 1978;231

³ Cotton P. "CDC Nears Close of Half Century." *JAMA* 1990;263:2579-2580

⁴ Wecht C. "The swine flu immunization program: scientific venture or political folly?" *Am J Law Med* 1977-1978 Winter;3(4):4258445

⁵ Randy Shilts. *And the Band Played On* New Yor. St. Martin's Press 1987 p 63

⁶ Sharyl Attkisson "Swine Flu Cases Overestimated?" October 21, 2009

⁷ <http://www.cbsnews.com/news/swine-flu-cases-overestimated/>

⁸ <https://www.cdc.gov/mmwr/volumes/71/wr/mm7133e1.htm>