



Wellness Forum Health

Free Resources

Pam Popper's Weekly Newsletter

This newsletter is sent via email every Monday and features articles about diet, health and medicine; questions and answers from readers; and announcements of upcoming events and learning opportunities.

Video Clips

These "news programs" are emailed to subscribers each week. During these short videos Pam reviews published research, distilling important points from articles into easy-to-understand information for viewers, and discusses issues of the day. This is an easy and entertaining way to stay up-to-date on relevant scientific developments.

Reinventing Healthcare with Pam Popper

This newsletter is for any and all healthcare practitioners (both conventional and alternative) and for anyone who aspires to be in a healthcare-related practice. Topics range from practice tips to regulatory affairs. Special offers are included regularly.

To subscribe to the above newsletters and videos, email your first and last name and email address to pampopper@msn.com.

Free events

Watch for announcements in newsletters and videos – from time-to-time sample classes are offered for consumers and health professionals.

If you live in central Ohio...Dinner at the Forum

This event is FREE to anyone, and held 10-12 times per year, and features both a delicious meal AND an educational presentation delivered by founder Pam Popper followed by a Q&A session. Reservations are required in advance.

Check our online calendar for upcoming local and virtual events at www.wellnessforumhealth.com