



Wellness Forum Health

# Annual Membership Campaign

## Campaign Dates: February 5 – March 15 2024

### We're Growing Our Membership!

*If you've never been a member* of Wellness Forum Health, join one of Founder Pam Popper's Free Tour/Q&A sessions during this campaign. If you participate in a session live, we will give you a \$100 gift card\* which can be applied to:

- annual pass membership
- online courses (new courses are indicated in bold type in the list below)
- the annual virtual Food Over Medicine virtual retreat (April 26-27)

### Dates/Times for Tour/Q&A Sessions (all times eastern)

Saturday Feb 10 1:00PM

Wednesday Feb 14 2:00PM

Tuesday Feb 20 12:00PM

Monday Feb 26 9:00PM

Saturday Mar 9 12:00PM

Wednesday Mar 13 8:00PM

### To join one of these sessions:

Email [shermank@wellnessforum.com](mailto:shermank@wellnessforum.com) with your choice of date  
(you'll receive a zoom link the day before the session)

### Courses to choose from:

Long COVID  
 Health Benefits and Risks of Cannabis  
 Understanding Psychological Disorders  
**Fluoride: What You Need to Know**  
 Your Amazing Microbiome  
 Time Management  
**Hepatitis**  
 Cancer 101  
 Men's Health  
 Atrial Fibrillation  
 Fibromyalgia  
 Parkinson's  
 Allergies/Asthma

Headaches & Migraines  
 Diet, Exercise and Mental Health  
 Forming and Maintaining Optimal Habits  
 Inflammatory Bowel Disease  
 Food Over Medicine Course  
**COVID Vaccine injury**  
**Pregnancy**  
 Cancer 201  
 Children's Health  
 Communication/Problem Solving  
 Kidney disease  
 Vaccines

Diet, Lifestyle and Diabetes  
 Cognitive Health and Alzheimer's  
 Autoimmune Diseases  
 Irritable Bowel Syndrome  
 GI Disorders  
 Dietary Supplements  
 HIV / AIDS  
 Women's Health  
 Weight Loss  
 Chronic Fatigue  
 ALS  
 Autoimmune Diseases

\*Gift cards only awarded to never-members who attend one live Tour/Q&A. Only one gift card per person. Offer may not be combined with any other sale, promotion, discount, coupon and/or offer. Offer has no cash value. Offer cannot be sold or otherwise bartered. Not valid on prior purchases. Offer limited to courses listed above, all sales final, no returns or exchanges. Void where prohibited, taxed or otherwise restricted. Other restrictions may apply.