

Wellness Forum Health & The Wellness Forum Foundation Annual Symposium on INFORMED Medical Decision-Making and INFORMED Consent Litigation

October 31st – November 2 2024 via zoom

(all workshops recorded and made available to participants after the conference)

Conference Hours (eastern time)

Thursday, October 31st 7:00-9:00 PM

Friday Nov 1st 1:00-6:00PM 7:00-9:30PM

Saturday Nov 2nd 9:00-12:00PM 1:00-6:00PM 7:00-9:30PM

Tickets: members \$259/nonmembers \$299 until Oct 21

After Oct 21: members \$299/nonmembers \$359

Free for Wellness Forum Annual Pass Members

Featuring Special Guest Speakers...

Special Guest Steven Quay, MD PhD is the founder of Seattle-based Atossa Therapeutics, which develops therapeutics for breast cancer and other breast conditions. He received his MD and PhD from the University of Michigan, was a postdoctoral fellow at MIT, a resident at Harvard-MGH Hospital, and was on the faculty at Stanford University School of Medicine. His articles have been cited over 9600 times. He has founded six startups, invented several FDA-approved drugs, and holds 87 US patents. He is the author of *Stay Safe: A Physicians' Guide to Surviving Coronavirus*, and his most recent book is *The Origin of the Virus: The hidden truths behind the microbe that killed millions of people*. Dr. Quay has testified in front of Congress several times concerning the origin of SARS-CoV-2 and the public health response to it.

Our amazing legal team will discuss some of our most important cases:

Patricia Finn, Austin Carr, Patrick Daubert

Eric Jones, Larry Becraft, Steve Joncus, Russ Barger

Carol Gifford, DVM, CVA, CVCH, FAVA, CVSMT is a graduate of Tufts University School of Veterinary Medicine. She completed her Certification in Veterinary Acupuncture in 2007, Certification in Veterinary Chinese Herbology in 2012, and then learned how to provide chiropractic and spinal manipulation for animals. She is one of only 19 veterinarians in the world to earn a Fellowship to the American Academy of Veterinary Acupuncture. She continues to learn about alternative modalities in order to provide comprehensive care for her patients. She currently resides in central Ohio and was the veterinarian who treated celebrity cat Schroeder Popper for kidney disease and extended his life for many years.

Topic: The best diet for dogs and cats.

Eileen Kopsaftis, P.T. owns Have Lifelong Wellbeing, and the author of the book, *Pain Culprits*. She has been a practicing physical therapist since 1994. While her specialties include manual techniques to correct bio-mechanical dysfunction, her passion is teaching informed healthcare decision making and instructing how to resolve chronic pain issues using self-care methods that work to restore whole body function. Eileen teaches community education classes at Hudson Valley Community College, and serves as a faculty member at the Wellness Forum Institute for Health Studies.

Topic: Incontinence: medications, procedures, surgeries and better options

Mary Marshall, BSN, RN is President of Eat, Learn, Live Ltd. She is a Certified Health Educator and affiliate of Wellness Forum Health. She is also certified as a WellCoach, and has extensive experience working with people on behavioral change. She is a faculty member with the Wellness Forum Institute for Health Studies, and has taught numerous classes and bootcamps on women's health and obesity.

Topic: Developing a healthy relationship with food.

Pam Popper is the founder and President of Wellness Forum Health. Pam has been featured in many widely distributed documentaries, including *Processed People* and *Making a Killing* and appeared in the acclaimed documentary *Forks Over Knives*, which played in major theaters throughout North America in 2011. She is one of the co-authors of the companion book which was listed on the *New York Times* bestseller list for 66 weeks. She is the author of *Food Over Medicine: The Conversation That Can Save Your Life*.

Pam is featured as the lead expert in *Food Choices*, appears in *Diet Fiction*, and also in *Code Blue*, which was released in early 2020. She is the author of the companion books for *Food Choices* and *Diet Fiction*. Her newest book is *COVID Operation: What Happened, Why It Happened and What's Next*. Her next book, *Conversations With Pam*, which she is co-writing with Certified Health Educator Heidi Plum, will be released late 2024/early 2025. **Her conference talk will be an excerpt from this book.**

Kylea Rorabaugh is the owner of Healthy on Purpose in Kansas City, Missouri. She is a Licensed Professional Counselor in private practice, a Certified Health Educator, and a faculty member for the Wellness Forum Institute for Health Studies. Kylea specializes in a whole-person approach to health, addressing both psychological and physical health. She has created several programs and bootcamps which are offered through WFH.

Topic: A "New" Gold Standard for Anxiety and Depression Treatment

Mila Casey, MD Mila is an ophthalmologist who practiced in Russia for 12 years. She moved to the U.S. after getting married and developed an interest in nutrition because she was interested in solving her own health issues. She earned a certification in holistic nutrition at the Washington Institute of Natural Medicine and then became a certified nutritional consultant (CNC) through the American Association of Nutritional Consultants. She has also taken many classes from the Wellness Forum Institute.

Due to her husband's international job, she has lived in several different countries, and offers health counseling to people all over the world, including expats in the US, Austria, England, Sweden, and Turkey.

Always curious to learn more, Mila started investigating the Bates Method for improving eyesight. After using the method to discontinue the wearing of glasses herself, she decided to help other people to improve their eyesight through group vision training and private counseling.

Topic: Natural Vision Improvement Method and Eye Health