



Wellness Forum Health

Free Resources

Newsletters, Videos, and Notifications

Sent via email to subscribers 3-5 times per week. Wellness Forum Founder Pam Popper reviews published research, current health news and events, regulatory issues related to health, and other important issues. These emails are an easy and entertaining way to stay up-to-date on important information related to your health and well-being. Also included: Upcoming member classes, educational programs, and **free workshops and special offers.**

Reinventing Healthcare with Pam Popper

This newsletter is free for all healthcare practitioners (both conventional and alternative) and for anyone who aspires to be in a healthcare-related practice. Topics range from practice tips to regulatory affairs. Special offers are included regularly.

Wellness Forum Foundation Newsletter

Sent every two weeks, this newsletter provides updates about foundation projects, including litigation, fundraising, INFORMED Chapters, medical mandates, informed consent in healthcare, and other initiatives.

FREE virtual events.

Watch for announcements in newsletters and videos – from time-to-time sample classes are offered for consumers and health professionals.

FREE Food Over Medicine Club events.

Food Over Medicine Clubs are starting all over the country. Some free programming is offered in each location in which a club has been established.

Check our online calendar for upcoming local and virtual events at

www.wellnessforumhealth.com

For more information:

614 841 7700 pampopper@msn.com